

# STARTERS

## Vegan CHIK'N Strips

Served with carrot sticks and vegan Omega-3 ranch dressing. Choose (1) wing sauce: 12.75

- BBQ Original
- Spicy Thai Peanut Sauce
- BBQ Chipotle
- Buffalo

## Vegan Hummus Platter

Choose from home-made traditional or jalapeño cranberry or both. Topped with Kalamata olives, served with cucumber, watermelon radish, and house-made flatbread. 12.5

## Housemade Vegan Mama's MeetBalls

Staff Favi

GMO-free, plant-based meet-balls with organic marinara sauce, basil & house-made vegan flatbread. 12.75

## Vegan Cheeze Bread

Scratch-made focaccia brushed with a vegan garlic butter and baked with vegan mozzarella. 9.25

# Soups & Small Plates

## Italian White Bean & Kale Soup

Cup 4.95 | Bowl 8.5  
Hearty and healthy house-made, organic Italian white bean and kale soup, with tomatoes, vegetable broth & herb seasoning. Add vegan CHIK'N: +2

## Roasted Mixed Veggies

A savory blend of roasted yellow squash, zucchini, and red bell pepper, tossed lightly with olive oil & Italian seasonings. 6.25

## Sriracha Slaw

A creamy slaw that provides a crunchy, spicy kick! 5.75

## Herb-Roasted Sweet Potatoes

Balanced with a savory blend of herbs & seasonings & roasted to perfection. 6.25

## NEW! 🔥 Yellow Curried Sweet Potatoes

Our classic herb-roasted sweet potatoes tossed with a smooth and spicy yellow Thai curry, garnished with fresh cilantro. 6.25

# VEGAN QUINOA BOWLS

NON-GMO & GLUTEN-FREE



## NEW! 🔥 Vegan Spicy Yellow Thai Curry Quinoa Bowl (Served Hot)

Zucchini, yellow squash, red bell pepper, shredded carrots, and roasted sweet potatoes sautéed with mushrooms, quinoa, red cabbage, and yellow Thai coconut curry, topped with fresh cilantro and watermelon radish. 12.5

## 🔥 Vegan Spicy Thai Peanut Quinoa Bowl (Served Hot)

Staff Favi

Broccoli, carrots, red cabbage, peas, quinoa, spicy Thai peanut sauce, coconut milk and chile flakes, topped with Sriracha slaw and fresh cilantro. 12.5

## Vegan Kale Pesto Quinoa Bowl (Served Hot)

Sautéed kale tossed with house-made, vegan kale-pesto, broccoli, grape tomatoes and quinoa. Topped with chopped macadamia nuts. 12.5

Add a Vegan Meatball +1.25 each Add Vegan CHIK'N +4



# VEGAN MENU



## FRESH ORGANIC Salads

### Vegan Mother Earth

Organic mixed greens blanketed with herb roasted sweet potatoes, quinoa, apples, candied walnuts, and avocado with a vegan avocado "honey" mustard dressing on the side. 14.5

### Vegan Crunchy Asian

Chopped romaine, shredded cabbage, heirloom carrots, cilantro, green onions, sliced almonds, and sesame ginger dressing. 11.5

### Vegan Chopped Kale

Local organic kale, heirloom carrots, purple cabbage, roasted pumpkin seeds, and dried cranberries, tossed in olive oil, garlic and fresh lemon juice. 13.95

### Vegan Zo's Chopped

Wholesome spinach, avocado, roasted organic corn, black olives, diced tomatoes, quinoa and roasted Macadamia nuts. Served with a side of vegan Ranch dressing. (No substitutions) 14.5

### The Vegan Berry-licious

Blend of organic spinach and mixed greens, strawberry, sweet walnuts, berry-balsamic dressing. 13.95

### Vegan Apple & Walnut

Organic mixed greens, roasted, caramelized walnuts, organic apples, raspberry vinaigrette dressing. 13.95

### Vegan Traditional Side Salad

Mixed Organic Greens served with your choice of these dressings: Vegan Ranch or Balsamic Vinaigrette. 6.95

Add vegan CHIK'N to any salad: +5 (+4 for side salad)

Add avocado to any salad: +1.75

# Signature PIZZAS

Crust Options:  
Gluten-Free Vegan or Original Vegan

## 🔥 VEGAN ELOTE

Staff Favi

Brushed with a vegan buttery-garlic sauce, vegan mozzarella, corn & red onions, drizzled with a spicy chipotle sauce & fresh cilantro. 19.5 / 29.5

## VEGAN BBQ CHIK'N

Traditional BBQ sauce, vegan CHIK'N, Daiya vegan mozzarella, topped with chopped green onions and fresh cilantro. Try this with our Chipotle BBQ sauce for a spicy kick! 20 / 30

## VEGAN PUTTANESCA

Olive oil & fresh garlic, vegan mozzarella, chopped artichoke, Kalamata olives, tomato & fresh basil. 22.5 / 32.5

## VEGAN NAPLES MARGHERITA

Olive oil & fresh garlic with vegan mozzarella, vine-ripened tomatoes & basil. 19 / 24

Heat Identifiers: 🔥 | 🔥🔥 | 🔥🔥🔥

## HOT COMFORT DISHES



Add a Mixed Greens Salad to any Hot Comfort Dish for only 5.95 OR a cup of soup for 2.95.

## VEGAN CHIK'N PICATTA

Oven-baked CHIK'N served over brown rice penne noodles with a lemon "butter" caper sauce. Served with mixed veggies. 22.50

## NEW! PLANT-BASED VEGETABLE LASAGNA BOLOGNESE

Fresh, plant-based lasagna noodles layered with an almond-ricotta, marinara, asparagus, spinach, mushrooms, and vegan mozzarella shreds baked in our house-made vegan bolognese. 17.95

## VEGAN CHIK'N PARMESAN

Tender baked vegan CHIK'N strips with vegan mozzarella and marinara, served over brown rice penne pasta. Served with mixed veggies. 22.50

## VEGAN TUSCAN CHIK'N

Tender baked, vegan CHIK'N strips enhanced with fresh thyme & rosemary, a vegan lemon-butter sauce and grape tomatoes roasted in a balsamic reduction Served over a bed of arugula, lightly tossed in olive oil and garlic along side a blend of mixed veggies. 22.50

# VEGAN LUNCH Menu

Lunch Combinations include Slice of Pizza OR Pasta with choice of Salad or Soup and a Beverage.

## PIZZA

(Please no substitutions)

GF VEGAN W/ 2 TOPPINGS 6/12.5

## PASTA

Made with gluten-free, vegan brown rice penne. Substitute Zoodles upon request.

VEGAN MEETBALL MARINARA 15.5

VEGAN CHIK'N PICCATA

VEGAN SPICY THAI PEANUT CHIK'N

VEGAN SPICY CHIPOTLE CHIK'N

## SOUP

Cup: 4.95 | Bowl: 8.5

ITALIAN WHITE BEAN & KALE

Hearty & healthy house-made with Italian white beans, kale, tomatoes, vegetable broth & herb seasoning. Slice of vegan flatbread.

# FRESH + GLUTEN-FREE



Add a mixed greens salad to any pasta for only 5.95 OR a cup of soup for 2.95. Substitute "Zoodles" for any pasta for no charge.

## VEGAN MEETBALL BOLOGNESE

Savory, house-made bolognese & seasoned, vegan meatballs over brown rice penne. 18.95

## NEW! 🔥 VEGAN SPICY CHIPOTLE CHIK'N

Staff Favi

Brown rice penne sautéed with grilled vegan CHIK'N, roasted red peppers, chili flakes, fresh green onion & a spicy vegan chipotle marinara sauce. 19.25

## VEGAN CHIK'N PICATTA

Brown rice penne with marinated and vegan CHIK'N sautéed with a vegan lemon-butter caper sauce. 18.5

## 🔥 VEGAN SPICY THAI PEANUT CHIK'N

Brown rice penne pasta sautéed with heirloom carrots, peas, toasted almonds, grilled, vegan CHIK'N, broccoli & a spicy Thai peanut sauce balanced with coconut milk and topped with fresh cilantro. 19.25

## NEW! 🔥 VEGAN YELLOW THAI CURRY ZOODLES

Zoodles tossed with sweet potatoes, shredded carrots, roasted red bell peppers, vegan chik'n shreds, and Yellow Thai Coconut Curry sauce, topped with fresh cilantro, basil and watermelon radish. 18.5

Heat Identifiers: 🔥 | 🔥🔥 | 🔥🔥🔥

## TRADITIONAL SALADS GF

(No charge)

## MIXED ORGANIC GREENS

Served with your choice of vegan Ranch or Balsamic Vinaigrette

## VEGAN CRUNCHY ASIAN

## PREMIUM ORGANIC SALADS GF

Upgrade (+2.25)

## VEGAN MOTHER EARTH

## VEGAN CHOPPED KALE

VEGAN ZO'S CHOPPED (No substitutions.)

## THE VEGAN BERRY-LICIOUS

## VEGAN APPLE & WALNUT

Add Vegan CHIK'N Strips: +4 | Add Avocado: +1.75

# hand-crafted COCKTAILS \$11

## HH ZO'S SANGRIA

Housemade red sangria

## HH CONTEMPORARY COSMO

Pearl pomegranate vodka, Mandarin Napoleon, cranberry, lemon

## HH RASPBERRY LIMEADE

Pearl Vodka, raspberry, lime, simple syrup

## HH CUCUMBER BASIL BREEZE

Locally, hand-crafted Arcadia Cucumber Vodka, cucumber, basil, lime, cranberry, simple syrup

## HH AZ OLD FASHIONED

Locally, hand-crafted Copper City Bourbon, orange, cherry, simple syrup, bitters

## HH PRICKLY PEAR MARGARITA Staff Fav!

Espolon Reposado Tequila, prickly pear syrup, lime

## HH THE MULE

Pearl Vodka, lime, ginger beer

# LOCAL DRAFT \$6.5

HH BOOM Dynamite Grapefruit-mango IPA 7.3% ABV Phoenix

HH Barrio Blonde 4.7% ABV Tucson

HH Mother Road Tower Station IPA 7.3% ABV Flagstaff

HH Four Peaks Golden Lager 5.2% ABV Tempe

HH Four Peaks Kilt Lifter 6% ABV Tempe

HH Lumberyard Hefeweizen 5.6% ABV Flagstaff

Please ask server for additional draft options

# BOTTLED BEER



## BOTTLES \$4

Bud Light Missouri

Coors Light Colorado

Michelob Ultra Missouri

## CRAFT & IMPORTS \$5

Corona Mexico

Kona Big Wave Golden Ale Hawaii

Guinness Ireland

Stella Artois Belgium

Dogfish Head 60 Minute IPA Delaware

Four Peaks Peach Ale Arizona  
Gluten Reduced

## GLUTEN-FREE \$6

Estrella Damm Daura Pale Lager<sup>GF</sup> Spain  
Contains Wheat Gluten Tests Under 20ppm

Omission Pale Ale<sup>GF</sup> Oregon  
Contains Wheat Gluten Tests Under 20ppm

Angry Orchard Hard Cider<sup>GF</sup> Ohio  
Made From Apples. Completely Gluten-Free

New Grist Pilsner<sup>GF</sup> Wisconsin  
Brewed Without Wheat or Barley. Completely Gluten-Free

PRESS Hard Seltzer<sup>GF</sup> Wisconsin  
Blackberry Hibiscus  
Gluten Removed \$5

## NON ALCOHOLIC \$5

St. Pauli Girl Germany

HH ~ Available for "Healthy Hour" pricing.



# VINO & BOLLE<sup>GF</sup>

## BLANCO (White) Glass Bottle

Chateau Ste. Michelle, 8 30

Reisling  
Columbia Valley, Washington

HH Vista Point, Pinot Grigio 7 26  
California

Sauvion, Rose D'Anjou 9 34  
Loire, France

HH Vista Point, Chardonnay 7 26  
California

Brancott, Sauvignon Blanc 9 34  
Marlborough, New Zealand

Candoni, Pinot Grigio 8.5 32  
California

Kendall Jackson, Chardonnay 9.5 36  
California

Sonoma-Cutrer, Chardonnay 13.5 52  
Russian River Ranches, California

Black Stallion, Chardonnay 11.5 44  
Napa Valley, California

## BOLLE (Bubbles) Split

Val d'oca, Prosecco (187ml) 9  
Italy

**LIVE** ~ Reduces the amount of raw materials (such as pesticides, water, fertilizer, chemicals, fuel, etc.) used in winery production.

**SIP** ~ Gold standard for sustainable vineyard and wine certification. It challenges growers and wine producers to review, implement, and amend practices that impact the earth, its people, and future generations while offering buyers and consumers a trustworthy guaranteeing quality.

**VEG SUST** ~ Vegan wine refers to fining and filtering wine with non-animal based methods. ~ The efficient production of safe, high quality agricultural products, in a way that protects and improves the natural environment, the social and economic conditions of farmers, their employees and communities, and safeguards the health and welfare of all farmed species.

**ORG** ~ Wine made with grapes grown in accordance with principles of organic farming which excludes the use of artificial chemical fertilizers, pesticides, fungicides, and herbicides. May contain naturally-occurring sulfites up to 20ppm

**BIO** ~ Biodynamic is a method of organic farming that employs a holistic approach and understanding of agricultural processes.

**GF** ~ Gluten Free.

## ROSSO (Red) Glass Bottle

Austin Hope, Cabernet Sauvignon 18.5 72  
Paso Robles, California Staff Fav!

Antinori Santa Christina, Sangiovese 9 34  
Tuscany, Italy

HH Vista Point, Merlot 7 26  
California

Parducci, Pinot Noir 8.5 32  
Monterey, California

HH Vista Point, Cabernet Sauvignon 7 26  
California

Meiomi, Pinot Noir 12.5 48  
Monterey/Santa Barbara/Sonoma Counties, California

Z(IN), Red Zinfandel 9 34  
California

Chloe, No. 249, Red Blend 10 38  
North Coast, California

Trapiche, Malbec 8 30  
Mendoza, Argentina

McManis, Cabernet Sauvignon 10.5 40  
California

Benziger, Cabernet Sauvignon 14 54  
Sonoma, California

J Lohr, Petit Syrah 9 34  
Paso Robles, California

HH ~ Sedona "Healthy Hour" pricing available in the bar area only.