

| Vegetarian Gourmet Pizzas Mediums | Joey's Portobello Bolognese— Original Crust | Joey's Portobello Bolognese— Thin Crust | Joey's Portobello Bolognese— Whole Grain Crust | Joey's Portobello Bolognese— Whole Grain Thin Crust | Joey's Portobello Bolognese— Gluten Free Crust |
|--------------------------------------|--|--|---|--|---|
| Serving Size | 1 slice | 1 slice | 1 slice | 1 slice | 1 slice |
| Servings Per Dish | 6 | 6 | 6 | 6 | 6 |
| Calories | 200 | 150 | 200 | 150 | 220 |
| Calories From Fat | 50 | 35 | 50 | 40 | 80 |
| Total Fat (g) | 5 | 4 | 6 | 4.5 | 9 |
| Sat Fat (g) | 2 | 1.5 | 2.5 | 1.5 | 2.5 |
| Trans Fat (g) | 0 | 0 | 0 | 0 | 0 |
| Chol (mg) | 10 | 10 | 10 | 10 | 60 |
| Sodium (mg) | 510 | 370 | 440 | 310 | 750 |
| Total CHO (g) | 29 | 22 | 30 | 22 | 28 |
| Fiber (g) | 2 | 2 | 5 | 4 | 3 |
| Sugars (g) | 4 | 3 | 7 | 5 | 4 |
| Protein (g) | 11 | 8 | 10 | 8 | 8 |
| Vit. A(%) | 6 | 4 | 6 | 4 | 6 |
| Vit. C (%) | 6 | 4 | 6 | 4 | 6 |
| Calcium (%) | 15 | 10 | 15 | 15 | 15 |
| Iron (%) | 10 | 8 | 10 | 8 | 8 |